

Current collaborations with health institutions
Have current collaborations with local, national, or global health
institutions to improve health and well-being outcomes

Tashkent State University of Oriental Studies actively cooperates with the medical association of Mirabad district in strengthening and maintaining the health of students and teaching staff, closely assisting them in introducing the principles of a healthy lifestyle, and developing medical culture among students and teaching staff. As a result of active cooperation, in recent years, medical information statistics of students, professors, teachers, and staff were organized at TSUOS, and with the help of these information statistics, specific principles and mechanisms of strengthening a healthy lifestyle and prevention of diseases are determined. Thus, measurements for the development of medical culture are developed and put into practice, at the same time, deep attention was paid to ensuring the integration of physical education and health measures, mass sports movement with preventive medicine. In addition, in cooperation with the Ministry of Health, the university has established “Mother and Child” medical rooms, a “Health” medical center, an “Oriental” psychological service center, sexual and reproductive services center with all amenities have been working actively until today taking into account the interests of students and youth. Also, the TSUOS team has been participating in various sports competitions and events organized by Tashkent State Medical Academy and other HEIs.

To strengthen and maintain the health of students and teaching staff of Tashkent State University of Oriental Studies, and to improve health and well-being results, in cooperation with local and national health institutions, medical examinations are carried out twice a year.

On September 29, 2023, a lecture dedicated to “Goal 3: Good health and well-being” was held within the framework of the 17 Sustainable Development Goals of the United Nations at the “Translation Studies and International Journalism” department of TSUOS. Sevara Kayumkhodjaeva, general practitioner and surgeon of the 4th City Clinical Hospital named after I. Irgashev and NS Medical Women’s clinic, conducted a discussion entitled “Two things are valued after they are lost – youth and health”. During the interview, Sevara Kayumkhodjaeva gave a number of practical recommendations on health care and answered the questions of students and professors of the department in detail. As a result of questions and answers, teachers and young people got the necessary information in this field. <https://tsuos.uz/en/english-a-lecture-entitled-goal-3-good-health-and-well-being/>

Also, the activity of the Trade Union has been established in TSUOS. In order to restore the health of university professors and staff, the University Trade Union provides them with funds from the union and social insurance budgets for sanatoriums, rest houses, sanatorium-prophylactic and children’s health camps.

Financial funds in the amount of 136 663 000 UZS were allocated for sending to recreation areas and sanatoriums. <https://tsuos.uz/en/english-recreation-in-sanatoriums/>

In order to improve the health of the children of university professors and staff, financial funds in the amount of 47 309 000 UZS were allocated to send them on vacations. <https://tsuos.uz/en/english-cultural-events-for-staff/>

In 2023, within the framework of social protection and financial incentives, according to the decision and recommendation of the university trade union board, at the expense of the trade union funds, financial assistance in the amount of 339 090 000 UZS was allocated to 102 professors-teachers and workers due to their family conditions, weddings and events, as well as for the recovery of their health and the purchase of medicines. <https://tsuos.uz/en/ijtimoiy-muhofaza-va-moddiy-yordam-korsatish/>

Financial funds in the amount of 508 875 000 UZS were allocated for the organization of public cultural events in connection with national holidays, and professional holidays.

10 pieces of sports clothes (in the amount of 600 000 UZS) were purchased for the representatives of the football team of the university by the Council of the Tashkent City Division of the Trade Union of Education and Science Employees of the Republic of Uzbekistan to participate in the sports competitions (football, chess, checkers, table tennis) among the higher educational institutions of Tashkent under the slogan "Sport-Health Pledge".

<https://tsuos.uz/en/english-collaborations-with-health-institutions/>

**Chairman of the Trade
Union Committee**



Ch. Khusanov